

# LAPAROSCOPIC TREATMENT OF LIVER AND GALLBLADDER DISEASES:

Liver and gallbladder conditions can sometimes show up quietly, maybe a bit of discomfort after meals, some bloating, or even just vague fatigue. Other times, they can come on more suddenly and dramatically, like a painful gallstone attack or jaundice from a blocked bile duct. Whatever the case, these are not issues to ignore—and thankfully, they're often very treatable, especially with the right surgical expertise.

Over the years, we have had extensive experience managing a wide range of liver and gallbladder diseases using minimally invasive (laparoscopic) surgery. From common problems like gallstones and bile duct stones to more complex conditions like benign liver tumours, liver cysts, or even certain liver and gallbladder cancers — each case is unique, and so is our approach.

Gallbladder issues—particularly gallstones—are some of the most frequent problems we treat. Laparoscopic cholecystectomy (gallbladder removal) is a safe, routine procedure we have performed countless times. Done through tiny incisions, most patients go home the same day or the next and are back to normal life quickly.

Bile duct stones, though trickier, are very much manageable. Depending on the situation, we may work in coordination with endoscopy specialists (ERCP) or directly address the problem laparoscopically, ensuring complete stone clearance with minimal disruption to the body.

Liver cysts and benign liver tumors (like hemangiomas or adenomas) often don't need surgery, but when they do, I rely on laparoscopic techniques to safely remove or reduce them while preserving healthy liver tissue. For select liver cancers and complex growths, laparoscopic surgery has made a significant difference in patient outcomes by reducing recovery time and hospital stays, without compromising on oncological safety.

## WHAT SETS MY PRACTICE APART?

What sets my practice apart is not just the use of laparoscopic surgery, but the depth of experience that comes with it. These aren't just operations to me — they're people's lives, comfort, and long-term health. And with every case, I bring not just technical skill, but the kind of judgment that only years of hands-on surgical experience can provide.

All this is backed by state-of-the-art equipment, including the most advanced 3D 4K imaging system, ultracision, vessel-sealers and an array of laparoscopic instruments.

If you are facing gallbladder or liver issues—or have been told you might need surgery—know that you're not alone, and there are excellent, minimally invasive options available. I'd be glad to sit down with you, explain your condition clearly, walk you through your treatment choices, and help you move toward recovery with confidence.