

LAPAROSCOPIC TREATMENT OF ACID REFLUX DISEASE (GERD)

If you have been living with acid reflux, heartburn, or that constant discomfort after meals, you are not alone. Gastroesophageal Reflux Disease, or GERD, is incredibly common—and thankfully, very treatable. Over the years, I have had the privilege of helping many patients find lasting relief from GERD, especially when medications and lifestyle changes haven't quite done the job.

GERD happens when stomach acid flows back up into the esophagus, often due to a weak lower esophageal sphincter. While antacids and dietary changes can help in the short term, some people need a more permanent fix. That's where laparoscopic surgery comes in—a minimally invasive approach that I specialize in.

With years of experience in laparoscopic surgery, we have treated a wide range of abdominal conditions, and GERD is one area that we have focused on in particular. Using small incisions and advanced tools, we can strengthen the valve between the stomach and esophagus, helping to stop reflux at its source. Most patients are surprised at how quick the recovery is and even more thrilled at how much better they feel afterward.

What I love about laparoscopic surgery is how effective it is while being gentle on the body. The precision it offers allows for a smoother healing process and less downtime, something my patients deeply appreciate.

Every case of GERD is unique, and my approach is always personalized. Whether you've been struggling with reflux for years or you've just been diagnosed, I'm here to guide you through your options with honesty, care, and the confidence that comes from real, hands-on experience. If you are considering surgery for GERD or just want to explore your treatment options, I'd be happy to have a conversation and help you make the best choice for your health.